

1. A method for processing *Panax* spp., comprising the step of steaming *Panax* spp. under the oxygen-enriched atmosphere.

2. The method according to Claim 1, wherein the oxygen-enriched atmosphere contains 50% or more of oxygen.

3. The method according to Claim 1, wherein *Panax* spp. is a dried or undried root
10 of *Panax ginseng*, *Panax quinquefolia*, *Panax notoginseng* or *Panax japonica*.

4. A processed *Panax* spp. obtained by the method according to any one of Claims 1 to 3.